

Ice Planet

SCHEDULE GROUPS

BLUE

WEEK 30 2019

Monday –to- Friday:

06 :45 : breakfast

07 :40 : meeting point in lobby

08 :15--09 00 : on ice, steps/skating skills

09:50 : meeting point in lobby

10 :00- 10 :45 : Ballet, squash room at ice rink

11 :00-11 :45 : on ice, technic

13 :00 : lunch

14:45- 15:30 : on ice, programs (part of the group)

(coaches team will organise daily who must stay for programs)

17:10 : meeting point in lobby

17 :20- 18 :10 : off ice work in Gymnasium

19 :00 : Dinner

19:55 : meeting point in lobby

20 :30- 21 :15. on ice, technic

21:30- 22:15 : on ice, programs (part of the group)

(coaches team will organise daily who must stay for programs)