

Ice Planet

SCHEDULE GROUPS
ICE DANCE
WEEKS 30- 2024

Monday –to- Friday:

05 :50 : meeting point in lobby

06 :15–07:00 : on ice, steps/skating skills

07 h15 - 08h00: breakfast

08 h15 : meeting point in lobby

08 h45- 09 h30 on ice, technic

10 h15- 11 h00 Ballet, in Gymnasium

11 h45 : meeting point in lobby

12 h15-13 h00. on ice, technic

13 h05 : lunch

14 h50 : meeting point in lobby

15 h00- 15 h45 : off ice work in Gymnasium

19 :00 : Dinner